Social Skills Activities for Kids with Autism

| OBJECTIVE | ACTIVITY | DESCRIPTION | TIPS FOR THE TEACHER |
|---|--------------------------------------|--|---|
| Improve verbal communication | Role-playing | Create social scenarios (like greeting a friend, asking for help) for the child to practice appropriate verbal responses. | Encourage the child with praise and positive reinforcement. |
| Enhance active listening | Telephone game | Children pass a phrase by whispering it to the next child, reinforcing listening and concentration. | Adjust the length and complexity of the message based on the child's level. |
| Develop understanding of emotions | Emotion cards | Use cards showing different emotions and ask the child to identify and name these emotions. | Encourage the child to look in the mirror and mimic facial expressions. |
| Improve social interactions | Collaborative board game | Choose a board game that encourages cooperation rather than competition, like cooperative puzzles or building games. | Promote discussion and collective decision-making during the game. |
| Reinforce turn- taking | Circle conversation games | Arrange a circle where each child must ask a question or make a comment, reinforcing respect for turn-taking. | Be patient and give each child time to formulate their response. |
| Learn conflict management | Conflict role- play | Act out common conflict situations and discuss together the best ways to resolve them. | Involve the child in conflict resolution by suggesting solutions. |
| Encourage teamwork | Group project | Organize an activity where children must work together to accomplish a common task, like building something or preparing a play. | Encourage discussion and collaboration throughout the project. |
| Improve conversation skills | Paired discussions | Form pairs and give them a discussion topic to encourage them to exchange ideas and listen to each other. | Regularly change the topic to maintain the children's interest. |
| Develop empathy | Reading stories about emotions | Read stories that explore emotions and social situations, then discuss with the children the feelings of the characters. | Ask open-ended questions to encourage children to express their own emotions. |

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