

SOCIAL SKILLS CHECKLIST

(Elementary/Pre-K)

Name of child: _____

Date: _____

Birth date: _____

Assessor's name: _____

Instructions: For each question, check if the specific social skill is observed Almost Always, Often, Sometimes, or Almost Never.

RATING SCALE

- **Almost always:** The student consistently displays this skill in various settings and with different people.
- **Often:** The student shows this skill on a few occasions, in certain settings, and with specific individuals.
- **Sometimes:** The student rarely exhibits this skill but may display it occasionally.
- **Almost Never:** The student seldom or never displays this skill. It is uncommon in their daily routine.

SOCIAL PLAY & EMOTIONAL DEVELOPMENT	Almost Always	Often	Sometimes	Almost Never
1.1 Beginning Play Behaviors				
1. Maintains proximity to peer within 1 foot				
2. Observes peers in play vicinity within 3 feet				
3. Parallel play near peers using the same or similar materials (e.g., playing cars near a peer who is also playing cars)				
4. Physically imitates peer				
5. Verbally imitates peer				
6. Takes turns appropriately during simple games				
1.2 Intermediate Play Behaviors				
1. Shares toys and talks about the activity with peers, even though the play agenda of the other children is different				
2. Physically and verbally responds to interactions from peers (accepts toy from peer, answers questions)				
3. Returns and initiates greetings with peers				
4. Know appropriate ways of joining in an activity with peers				
5. Invites others to play				
6. Takes turns during structured activities				
7. Obeys game rules				
8. Requests toys, food, and materials from peers				
1.3 Advanced Play Behavior				
1. Plays cooperatively with peers during imaginative play				
2. Makes comments about what he/she is playing to peers				
3. Organizes play (suggests ideas to peers on how to play)				
4. Follows peer play plans				
5. Takes turns during unstructured activities without a time limit				
6. Offers toys, food, and materials to peers				

EMOTIONAL REGULATION	Almost Always	Often	Sometimes	Almost Never
2.1 Understanding Emotions				
1. Identifies likes and dislikes				
2. Identifies emotions in self				
3. Identifies emotions on others				
4. Justifies emotions once identified (eating because I'm hungry)				
5. Demonstrates affection and empathy toward peers				
6. Refrains from aggressive behaviors toward peers				
7. Refrains from aggressive behaviors toward self				
8. Does not exhibit intense fears or phobias				
9. Interprets body language				
10. Uses different tones of voice to convey messages				
2.2 Self Regulation				
1. Allows others to comfort him/her if upset or agitated				
2. Self regulates when tense or upset				
3. Self regulates when energy level is high				
4. Deals with being teased in acceptable ways				
5. Deals with being left out of a group				
6. Accepts not being first at a game or activity				
7. Accepts losing at a game without becoming upset/angry				
8. Says "no" in acceptable way to things he/she does not want to do				
9. Accepts being told "no" without becoming upset/angry				
10. Able to say "I don't know"				
11. Able to end conversations appropriately				
2.3 Flexibility				
1. Accepts making mistakes without becoming upset/angry				
2. Accepts consequences of his/her behavior				
3. Accepts unexpected changes				
4. Continues to try when something is difficult				
5. Ignores others or situations when it is desirable to do so				
2.4 Problem Solving				
1. Identifies/defines problems				
2. Generates solutions to problems				
3. Carries out solutions by negotiating or compromising				
4. Understands impact his/her behavior has on peers				

COMMUNICATION SKILLS	Almost Always	Often	Sometimes	Almost Never
3.1 Conversational Skills				
1. Initiate conversation when it is appropriate to do so				
2. Initiates conversation around specific topic				
3. Asks “Wh” questions				
4. Responds to “Wh” questions				
5. Makes a variety of comments, related to the topic during conversation				
6. Introduces him/herself to someone new				
7. Introduces people to each other				
8. Ends conversations appropriately				
3.2 Nonverbal Conversational Skills				
1. Maintains appropriate proximity to conversation partner				
2. Orients body toward speaker				
3. Pays attention to a person’s nonverbal language and understands what is being communicated				
4. Waits to interject				
3.3 Compliments				
1. Gives appropriate compliments to peers				
2. Appropriately receives compliments				
3. Asks for a favor appropriately				
4. Apologizes independently				

SUMMARY OF SOCIAL SKILLS CHECKLIST

	Total % Marked as Almost Always	Total % Marked as Often	Total % Marked as Sometimes	Total % Marked as Almost Never
1.1 Beginning Play Behaviors				
1.2 Intermediate Play Behaviors				
1.2 Advanced Play Behaviors				
2.1 Understanding Emotions				
2.2 Self Regulation				
2.3 Flexibility				
2.4 Problem Solving				
3.1 Conversational Skills				
3.2 Nonverbal Conversational Skills				
3.3 Compliments				

Calculation: For each section, calculate the percentage of questions marked as Almost Always, Often, Sometimes, and Almost Never. To calculate, total the number of questions checked under the category in that specific section and divide by the total number of questions in the section, then multiply by 100.

Example:

To calculate the total % of components marked “Almost Always” under the Beginning Play Behaviors section, first total the # of questions checked “Almost Always” in that section. Then, determine the # of total questions under Beginning Play Behaviors. Divide the # of questions checked by the total # of questions and then multiply by 100.

_____ questions marked “Almost Always” ÷ 6 total questions, x 100 = _____%
